









THEME of the Month: MYSELF

VALUE of the Month: Togetherness

Content will include

- My name, age and sex
- Naming major body parts
- My family
- My friends
- My feelings: happy, sad, angry and frightened
- My things: toys, books, clothes, accessories, etc.
- My likes
- My school, teacher and classroom
- My home
- Rooms in my home

The activities planned in this month will help to develop the following skills:

I Listen I Know I Speak

This area includes building communication skills through speaking, using body language and gestures, and understanding what others say.

Listening

- Story sessions will include the following stories:
 - 1. True Friends
 - 2. My Best Friends
 - 3 Chiku's Birthday

Speaking

- Developing communicative confidence and vocabulary related to the body, the immediate family and home through the discussion activities and also the following rhymes and songs:
 - 1. I'm Two
 - 2. My Face
 - 3. My Family







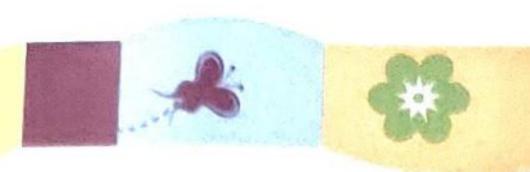


- This area focuses on building thinking skills including learning, understanding, problem-solving, reasoning and remembering through positive learning experiences.
- Emphasis will be on active exploration, manipulation and sensorial learning while introducing the children to new ideas and concepts included in the theme of 'Myself'. Activities undertaken with the children will encourage the following cognitive skills:
 - 1. Identification
 - 2. Matching
 - 3 Sorting
 - 4. Observation and memory
- Repeated practise through object manipulation will enable the children to build the concept of 'Big' and 'Small'.

I Can Do Wonders

This area will enable the child to use his/her hands not only to eat and dress, but also to draw, play, write, and be creative and inventive as well, and develop aesthetic skills in the process.

- Children will create artwork reflective of the theme 'Myself' and develop finger muscles through:
 - Hand printing
 - Cotton swabbing
 - 3. Block printing
 - 4. Pasting an assortment of art material
 - Stringing the beads
 - 6. Painting
 - 7. Unwrapping with minimum tearing









I Can & I Do

This area focuses on large muscle development and coordination based on the developmental need of the child.

- Children will develop large muscle control through motor skills such as:
 - 1. Running
 - 2. Jumping
 - 3. Hopping
 - 4. Crawling
 - 5. Rolling
 - 6. Kicking

I Help Myself

This area focuses on the development of personal awareness which entails building independence, self-help skills and awareness on hygiene and safety.

- Children will be encouraged to practise:
 - Self-help skills
 - 2. Personal cleanliness
 - 3. Building personal values

I Me Myself & My Friends

This area will help the children to build positive relationships with family, friends and facilitators and learn social rules while expressing and responding to the feelings of self and others.

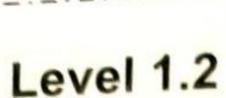
- Children will become sociable and communicative through:
 - 1. Role plays
 - 2. Imaginative play
 - 3. Puppet play
 - 4. Group activity











THEME of the Month: SEASONS

VALUE of the Month: Helpfulness

Content will include

- The summer, rainy and winter seasons
 - The hot summer
 - The cold winter
 - The wet and cool rains
 - How do you feel during these seasons?

The activities planned in this month will help to develop the following skills:

I Listen I Know I Speak

This area includes building communication skills through speaking, using body language and gestures and understanding what others say.

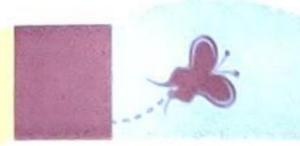
Listening

Story sessions will include the following stories:

- 1. The Ice Cream Cone
- 2. The Mitt
- Speaking

Children will develop familiarity with the different seasons in the year in terms of food, clothing, activities, etc. through classroom interactions and the following rhymes and songs:

- Summer's Here
- 2. The Winter pokey
- 3. I Hear Thunder!











This area focuses on building thinking skills including learning, understanding, problem-solving, reasoning and remembering through positive learning experiences.

- Children will be familiarised with the concept of 'Hot' and 'Cold' through sensory experiences. These
 experiences will also build cognitive skills such as observation and memory.
- The concept of 'same' will build cognitive skills of the child through matching, observing and understanding the concept of shadows.

I Can Do Wonders

This area will enable the child to use his/her hands not only to eat and dress, but also to draw, play, write and be creative and inventive as well, and develop aesthetic skills in the process.

- Children will explore the hues of seasons by recreating a host of symbols and objects that are related to each season through:
 - 1. Handprinting
 - 2. Blow painting
 - 3. Balloon printing
 - 4. Pasting an assortment of art material
 - 5. Stringing the cutouts

I Can & I Do

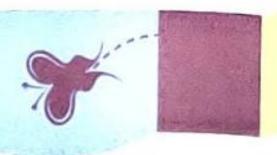
This area focuses on large muscle development and coordination based on the developmental need of the child.

Children will build large muscle control through motor skills such as:

- 1. Running
- 2. Dancing
- 3. Jumping
- 4. Throwing
- 5. Running holding props
- Batting a yarn







I Help Myself

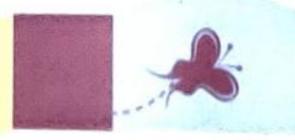
This area focuses on the development of personal awareness which entails building independence, self-help skills and awareness on hygiene and safety.

- Children will be encouraged to practise:
 - 1. Healthy habits
 - 2. Dressing and undressing self
 - 3. Building personal values

I Me Myself & My Friends

This area will help the child to build positive relationships with family, friends and facilitators, and learn social rules while expressing and responding to the feelings of self and others.

- Children will get several opportunities to develop their abilities in co-operative play, self-expression and following rules and directions through:
 - Imaginative plays
 - 2. Dramatisation
 - 3. Role play
 - Group games











THEME of the Month: COLOURS

VALUE of the Month: Good Manners

Content will include

Recognising and labelling the basic colours:

- Red
- Yellow
- Green
- Blue

The activities planned in this month will help to develop the following skills:

I Listen I Know I Speak

This area includes building communication skills through speaking, using body language and gestures and understanding what others say.

Listening

Story sessions will include the following stories:

- 1. Fluffy, the Cat
- 2. The Cap Seller and the Monkeys
- Speaking

Children will initially name the basic colours, i.e., red, yellow, green and blue through a host of activities, classroom interactions, story dramatisations and the following rhymes and songs:

- 1. Red
- 2. Yellow
- 3. Riddle, Riddle, Ree

While the children build their vocabulary based on the colours, they will also be encouraged to use short phrases such as 'Thank You' and 'Sorry' while interacting with peers and adults in a social setting.







This area focuses on building thinking skills including learning, understanding, problem-solving, reasoning and remembering through positive learning experiences.

- Children will engage in play activities based on basic colours that will help them build following cognitive skills:
 - 1. Identification
 - 2. Matching
 - 3. Sorting
 - 4. Observation and thinking skills
 - 5. Multi-sensory learning
- Children will be familiarised with the concept of 'In' and 'Out' firstly through manipulation of objects and subsequently through pictures.

I Can Do Wonders

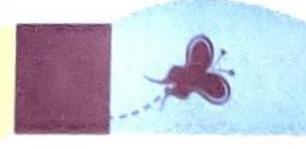
This area will enable the child to use his/her hands not only to eat and dress, but also to draw, play, write and be creative and inventive as well, and develop aesthetic skills in the process.

- Children will develop control on their hand movements while exploring the world of colours through several art and craft activities involving:
 - Painting
 - 2. Crushing
 - 3. Sprinkling
 - 4. Pasting
 - 5. Scribbling with crayons
 - 6. Manipulating play dough
 - 7. Stringing

I Can & I Do

This area focuses on large muscle development and coordination based on the developmental need of the child.

Colours will be reinforced through materials used in various indoor and outdoor games involving:











- Running with props
- 2. Jumping
- 3. Hopping
- 4. Throwing ball at a given target
- 5. Pulling

I Help Myself

This area focuses on the development of personal awareness which entails building independence, self-help skills and awareness on hygiene and safety.

- Children will become savvier while practising:
 - Self-help skills
 - 2. Etiquettes while interacting with peers and adults

I Me Myself & My Friends

This area will help the child to build positive relationships with family, friends and facilitators and learn social rules while expressing and responding to the feelings of self and others.

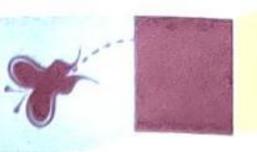
- Children will be encouraged for healthy group participation and to develop emotional maturity by expressing their thoughts and feelings through:
 - Group play
 - 2. Imaginative play
 - 3. Working together



Developing Roots







Level 1.4

THEME of the Month: MY NEIGHBOURHOOD

VALUE of the Month: Sharing and Caring

Content will include

- My house
- Who lives next door?
- Market
- Park
- School
- Reinforcement of the last three themes
- A Visit to Community Centre

The activities planned in this month will help to develop the following skills:

I Listen I Know I Speak

This area includes building communication skills through speaking, using body language and gestures and understanding what others say.

Listening

Story sessions will include the following stories:

- 1. Bubbles' Dear Puppy
- 2. Kitu and Mitu

Speaking

Children will pick up basic information about their immediate neighbourhood through classroom discussions, and songs and rhymes such as:

1. In the Market

These activities will enrich the vocabulary of the children with new words which they will learn to apply in their daily lives. Also, during these interactions the children will be prompted to express themselves in 2- to -3 word sentences and, thus build their verbal fluency.











This area focuses on building thinking skills including learning, understanding, problem-solving, reasoning and remembering through positive learning experiences.

- Cognitive skills such as observing, matching, recognition and memory will be integrated with the theme and practised through a plethora of activities.
- Learning will also be facilitated through activities based on sensory stimulations that will challenge the children to explore and examine objects using their senses.

I Can Do Wonders

This area will enable the child to use his/her hands not only to eat and dress, but also to draw, play, write and be creative and inventive as well, and develop aesthetic skills in the process.

- Children will recreate their neighbourhood in a variety of ways using wide ranging and assorted materials from their environment. Activities involve:
 - 1. Cotton ball painting
 - 2. Pasting waste material
 - 3. Stamp printing
 - 4. Mud handprinting
 - Fingerpainting
 - 6. Tearing and pasting paper
 - 7. Crumpling paper
 - 8. Manipulating clay

I Can & I Do

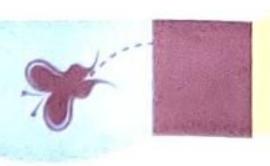
This area focuses on large muscle development and coordination based on the developmental need of the child.

- Children will actively participate in the outdoor activities based on the theme of neighbourhood, covering home, market, park and school. In the process, the children will practise to learn basic motor skills such as:
 - Walking on cutouts
 - 2. Running
 - 3. Hopping









- 4. Crawling
- 5. Picking up props and running
- 6. Jumping
- Activities on swings and ridding the tricycle will develop large muscle control and balance in the children.

I Help Myself

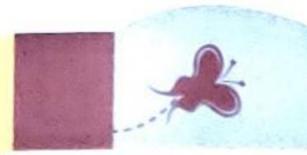
This area focuses on the development of personal awareness which entails building independence, self-help skills and awareness on hygiene and safety.

- Children will be encouraged to become semi-independent while practising self-help skills.
- · Simultaneously, they will unconsciously learn to keep their environment clean.

I Me Myself & My Friends

This area will help the child to build positive relationships with family, friends and facilitators, and learn social rules while expressing and responding to the feelings of self and others.

- Children will model caring and nurturing interactions with peers and adults through:
 - Group play
 - 2. Pretend play
 - 3. Role play
- Through guided play, the children will develop their abilities in cooperative play, sharing and following rules and directions. These activities will also give them an opportunity to use their imagination and express themselves freely.











THEME of the Month: SHAPES

VALUE of the Month: Truthfulness

Content will include

Recognising and naming basic shapes

- Circle
- Square
- Triangle

The activities planned in this month will help to develop the following skills:

I Listen I Know I Speak

This area includes building communication skills through speaking, using body language and gestures and understanding what others say.

Listening

Children will be narrated the following stories related to the basic shapes:

- Sandy and Cindy
- 2. Shape Friends
- 3. Home Alone
- Speaking

Children will have many opportunities to know and talk about shapes in individual and group situations. The theme includes the following songs and rhymes:

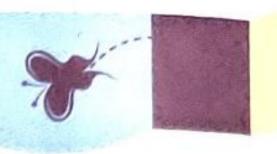
- 1. Circle
- 2. Squares
- 3. Where is a Triangle?











This area focuses on building thinking skills including learning, understanding, problem-solving, reasoning and remembering through positive learning experiences.

- Children will be allowed active exploration of materials and activities to enable them to understand the concept of basic shapes. The activities undertaken will encourage the following cognitive skills:
 - 1. Identification
 - 2. Matching
 - 3. Sorting
 - 4. Observation and thinking skills
 - 5. Multi-sensory learning
 - 6. Recognition

I Can Do Wonders

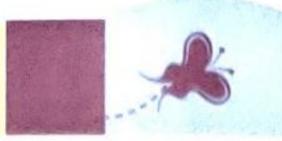
This area will enable the child to use his/her hands not only to eat and dress, but also to draw, play, write and be creative and inventive, and develop aesthetic skills in the process.

- Children will explore the world of shapes and create beautiful art and craft items using a wide range of textured material in the activities involving:
 - 1. Painting
 - 2. Pasting
 - 3. Printing
 - Cotton swabbing
 - 5. Manipulating play dough

I Can & I Do

This area focuses on large muscle development and coordination based on the developmental need of the child.

- A variety of outdoor games will be organised that will reinforce learning about the basic shapes while giving opportunities to the children to develop the following motor skills:
 - 1. Walking
 - 2. Running











- 3. Throwing an object at a target
- 4. Hopping
- 5. Rolling a ball using hands
- 6. Crawling
- 7. Jumping

I Help Myself

This area focuses on the development of personal awareness which entails building independence, self-help skills and awareness on hygiene and safety.

- The activities included are in alignment with the basic shapes taught to the children. Children will become savvier while practising:
 - 1. Self-help skills
 - 2. Healthy habits

I Me Myself & My Friends

This area will help the children to build positive relationships with family, friends and facilitators and learn social rules while expressing and responding to the feelings of self and others.

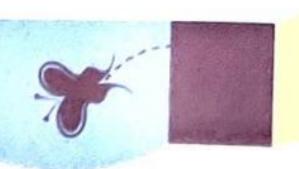
- Children will participate in activities involving:
 - 1. Group play that will promote cooperative play spirit among them.
 - 2. Creative play that will promote imagination skills as well as give them an opportunity to recognise and express their emotions.



Developing Roots







Level 1.6

THEME of the Month: ANIMALS

VALUE of the Month: Loyalty

Content will include

- Names of animals
 - Pet
 - Wild
- Animal sounds
- Let's pretend
- A visit to the zoo

The activities planned in this month will help to develop the following skills:

I Listen I Know I Speak

This area includes building communication skills through speaking, using body language and gestures and understanding what others say.

Listening

Children will hear the following stories, which will introduce them to the animal kingdom:

- The Big Farm
- 2. The Dirty mouse and the Flies
- 3. Bruno, the Bear

Speaking

Children will enrich their vocabulary related with pet and wild animals through classroom discussions, rhymes and songs such as:

- Squeak! Squeak! Squeak!
- 2. Rabbit's Hippity Hop
- 3. Up and Down



- 4. Walking Through the Jungle
- 5. The Elephant
- To reinforce the sounds that an animal makes, activities would include making the children hear and identify the sounds.

This area focuses on building thinking skills including learning, understanding, problem-solving, reasoning and remembering through positive learning experiences.

- Through play, the children will energise and expand the following cognitive abilities:
 - 1. Identification
 - 2. Matching
 - 3. Sorting
 - 4. Observation and thinking skills
 - 5. Multi-sensory learning
- Children will also be encouraged to test new concepts, for example, 'Up' and 'Down'.

I Can Do Wonders

This area will enable the child to use his/her hands not only to eat and dress, but also to draw, play, write and be creative and inventive as well, and develop aesthetic skills in the process.

- Our young artists will get a chance to play with their creativity while they create animal forms using the following skills:
 - 1. Hand, foot, thumb and fingerprinting
 - 2. Paper tearing and pasting
 - 3. Cotton ball pasting
 - 4. Pouring
 - 5. Printing
 - 6. Finger painting











I Can & I Do

This area focuses on large muscle development and coordination based on the developmental need of the child.

- Children will be introduced to the movement patterns of various pet and wild animals through a variety of outdoor games. While doing so, the children will develop the following motor skills:
 - 1. Running
 - 2. Walking holding props
 - 3. Crawling
 - 4. Digging
 - 5. Throwing at the given target
 - 6. Hopping

I Help Myself

This area focuses on the development of personal awareness which entails building independence, self-help skills and awareness on hygiene and safety.

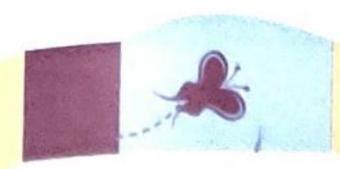
 While talking about caring for animals, the first thing would be to make them aware about the need for cleanliness, especially with regard to interactions with pet animals. All this will be taught with the help of pretend play and simple cooking.

I Me Myself & My Friends

This area will help the child to build positive relationships with family, friends and facilitators, and learn social rules while expressing and responding to the feelings of self and others.

- Through a host of play activities related with the theme, children will learn to interact in socially acceptable manner. Activities include:
 - 1. Pretend plays
 - 2. Group activities
 - 3. Imaginative play
 - 4. Role play

These activities will also stimulate the imagination of children and develop confidence in them with regard to communication skills.











THEME of the Month: TRANSPORT

VALUE of the Month: Hardwork

content will include

Recognising and naming the means of transport

Land modes: bicycle, bus, auto rickshaw, truck, car, train

Water modes: boat, ship

Air modes: aeroplane

A visit to the Railway/Metro Station

The activities planned in this month will help to develop the following skills:

I Listen I Know I Speak

This area includes building communication skills through speaking, using body language and gestures and understanding what others say.

Listening

Children will hear interesting stories based on various modes of transportation, which are as follows:

Stories:

- The Old School Bus
- 2. The Red Boat

Speaking

Specific activities such as rhymes, games and theme-based conversations will encourage the children to tell names of various vehicles appropriately.

Rhymes:

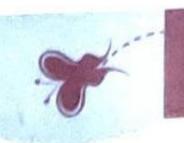
- 1. We are Going
- 2. My Bicycle
- 3. Chook-Chook Train
- 4. Lee the Big Red Ship
- 5. Stop! Wait! Go!
- 6. The Flying Aeroplane











This area focuses on building thinking skills including learning, understanding, problem-solving, reasoning and remembering through positive learning experiences.

- Children will acquire the following cognitive skills while learning about different modes of transportation plying in their environment.
 - 1. Identification
 - 2. Matching
 - 3. Multi-sensory learning
 - 4. Sorting
- The concept of 'Slow' and 'Fast' will be introduced through exploration and manipulation of toys and materials.
- Reinforcement of concepts taught in the previous themes such as 'Colours' and concept of 'Big' and
 'Small' will be integrated with the theme of transport.

I Can Do Wonders

This area will enable the child to use his/her hands not only to eat and dress, but also to draw, play, write and be creative and inventive as well, and develop aesthetic skills in the process.

- Our little ones will explore the world of art and craft, wherein they'll undertake activities to create
 different modes of transport using the following skills:
 - 1. Paper tearing and pasting
 - 2. Thumbprinting
 - Fingerprinting
 - 4. Impression printing
 - Spray painting
 - 6. Cotton swabbing
 - 7. Lacing

I Can & I Do

This area focuses on large muscle development and coordination based on the developmental need of the child.

 Children will play numerous games, wherein they will practise the following basic motor skills while enhancing their knowledge about the different vehicles.



- 1. Running
- 2. Rolling ball on the floor
- 3. Hopping
- Walking backwards
- Jumping
- Walking with a prop

I Help Myself

This area focuses on the development of personal awareness which entails building independence, self-help skills and awareness on hygiene and safety.

- Children will be encouraged to participate in pretend play, fun games and simple cooking sessions.
 These activities will promote self-help skills and awareness about personal safety while using the different modes of transport.
- Value of 'Hard work' will be imparted to the children through story telling sessions.

I Me Myself & My Friends

This area will help the child to build positive relationships with family, friends and facilitators, and learn social rules while expressing and responding to the feelings of self and others.

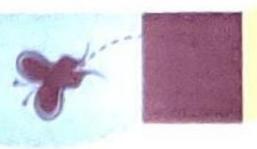
- Children will share the fun of playing together with peers in:
 - Pretend plays
 - 2. Role play
 - 3. Small group activities
- They will also get plenty of opportunities to express themselves and contribute their ideas in these
 activities.



Developing Roots







Level 1.8

THEME of the Month: PLANTS

VALUE of the Month: Cleanliness

Content will include

- What do I see in the garden?
- Naming flowers: rose, marigold, sunflower and jasmine
- Naming insects: ant, grasshopper, butterfly and honey bee
- Reinforcement of the last three themes

The activities planned in this month will help to develop the following skills:

I Listen I Know I Speak

This area includes building communication skills through speaking, using body language and gestures and understanding what others say.

Listening

Simple vocabulary related to the plants, e.g., leaves, flowers, trees, grass and insects will be introduced through stories such as:

Stories

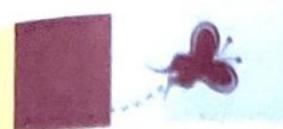
- The Ant and the Grasshopper
- 2. The Tiny Little Seed

Speaking

Children will be encouraged to express themselves verbally through a variety of language activities involving songs, picture conversation and re-telling stories with appropriate dramatic expression.

Songs and rhymes:

- 1. Around the Garden
- 2. Tickly, Tickle Tree
- 3. Ring-A-Roses
- 4. Insects All Around











This area focuses on building thinking skills including learning, understanding, problem-solving, reasoning and remembering through positive learning experiences.

- Children will get plenty of opportunities to explore and interact with the natural environment, specifically the plant life, which will test their cognitive abilities that include:
 - 1 Identification
 - 2. Matching
 - 3. Multi-sensory learning
 - 4. Sorting
 - 5. Observation and memory

I Can Do Wonders

This area will enable the child to use his/her hands not only to eat and dress, but also to draw, play, write and be creative and inventive as well, and develop aesthetic skills in the process.

- · Our young artists will create their own floral world through activities involving:
 - 1. Painting using cotton and grass
 - 2. Paper tearing and pasting
 - 3. Cotton stuffing
 - 4. Hand and foot printing

I Can & I Do

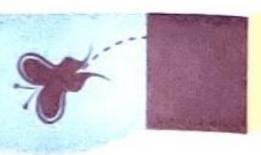
This area focuses on large muscle development and coordination based on the developmental need of the child.

- · Children will engage in activities, which require good control over the whole body, for example:
 - 1. Jumping
 - 2. Rolling
 - 3. Running
 - Crawling
 - Picking
 - 6. Throwing object at a given target
 - 7. Dancing

These activities will later help them in developing sport skills and games.







I Help Myself

This area focuses on the development of personal awareness which entails building independence, self-help skills and awareness on hygiene and safety.

- Children will be encouraged to participate in activities, which will help them develop basic understanding about:
 - 1. Cleanliness
 - 2. Beautification of the immediate environment

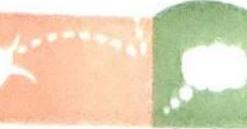
I Me Myself & My Friends

This area will help the child to build positive relationships with family, friends and facilitators, and learn social rules while expressing and responding to the feelings of self and others.

- Children will be encouraged to exhibit appreciative behaviour towards the world of nature. Activities
 in this section include:
 - Group play
 - 2. Pretend play
 - 3. Dramatisation
- Participation in these activities will also promote the development of social competence, e.g., playing together and cooperation with peers.











THEME of the Month: FOOD

VALUE of the Month: Healthy Habits

content will include

- My Favourites (General food items)
- Naming & Recognition
 - Fruits: Apple, Banana, Mango, Orange and Grapes
 - Vegetables: Potato, Ladyfinger, Tomato, Peas and Carrot
- Talking about:
 - Breakfast
 - · Lunch
 - Dinner
- Food habits/hygiene
- Who cooks?
- Where is food cooked?
- Things used in the kitchen
- Sensorial aspects–Food
- A Visit to the food Store

The activities planned in this month will help to develop the following skills:

I Listen I Know I Speak

This area includes building communication skills through speaking, using body language and gestures and understanding what others say.

Listening

Simple vocabulary will be introduced through puppet shows and stories.

1. The Big Fat Elephant

Speaking

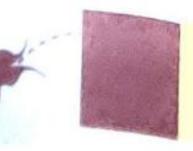
Children will enjoy reciting the following rhymes and songs based on the food theme.

- 1. Drink, drink
 - Milky Treat









- Apples
- Orange Song
- Chubby Tomato
- Yummy Treat

Apart from these rhymes and songs, the children will be encouraged to use the vocabulary related to the foods in their daily conversation.

I Am Ready

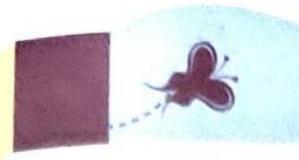
This area focuses on building thinking skills including learning, understanding, problem-solving, reasoning and remembering through positive learning experiences.

- Children will expand their cognitive abilities through several exploratory activities based on the theme of Food. These will include:
 - Matching
 - Sorting
 - Multi-sensory learning
 - 4. Observation and memory
- Apart from these activities, the children will consistently learn to identify two types of tastes 'Sweet' and 'Salty' and will come to associate certain foods with these tastes.

I Can Do Wonders

This area will enable the child to use his/her hands not only to eat and dress, but also to draw, play, write and be creative and inventive as well, and develop aesthetic skills in the process.

- Children will expand their imagination and use fruits and vegetables as their art and craft tool. Apart from these, they will also dabble with activities that involve:
 - Stringing paper cutouts
 - 2. Picking and hanging pea pods
 - 3. Manipulating play dough
 - 4. Pasting picture cutouts
 - Picking objects using tongs
 - 6. Using an egg beater
 - 7. Painting
 - 8. Potato and ladyfinger printing
 - 9. Hanging pea pods
 - 10. Picking small things like seeds











I can & I Do

This area focuses on large muscle development and coordination based on the developmental need of the child.

- Children will build their gross motor ability and enjoy games involving:
 - Picking up props and running
 - 2. Running
 - 3. Hopping
 - 4. Balancing an object on palm and walking
 - 5. Throwing
 - 6. Aiming and throwing
 - 7. Jumping
 - 8. Imitating and coordinating body movements on the action song

I Help Myself

This area focuses on the development of personal awareness which entails building independence, self-help skills and awareness on hygiene and safety.

- Children will be encouraged to practise the following life skills while serving and eating a variety of food.
 - 1. Independence
 - 2. Personal hygiene
 - 3. Healthy food habits
- Making the children aware of the immediate environment by taking them to a food store.

1 Me Myself & My Friends

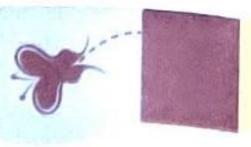
This area will help the child to build positive relationships with family, friends and facilitators and learn social rules while expressing and responding to the feelings of self and others.

- Children will learn to appreciate the role of food in our lives through participation in:
 - 1. Group play
 - 2. Role play
 - 3. Pretend play
 - 4. Story dramatisation









THEME of the Month: PEOPLE WHO HELP US

VALUE of the Month: Dignity of Labour

Content will include

Naming and identifying professions:

- Maid
- Driver
- Sweeper
- Watchman
- Milkman
- Washerman
- Carpenter
- Barber
- Cobbler
- Gardener
- Baker

The activities planned in this month will help to develop the following skills:

I Listen I Know I Speak

This area includes building communication skills through speaking, using body language and gestures and understanding what others say.

Listening

Simple vocabulary will be introduced through puppet show and stories

- 1. The Shoemaker and the Elves
- 2. The washerman and his clothes

Speaking

Conversation, story, rhymes, songs and puppet show involving the community helpers will be taken up to initiate the theme. These sessions will enable the children to appropriately name the community helpers and at the same time develop verbal fluency.









- 1. I'll be the Driver
- 2. Broom, Broom
- 3. Smart Watchman
- 4. Milkman
- 5. Washerman
- 6. The Carpenter
- 7. The Barber
- 8. IAm a Little Gardener

This area focuses on building thinking skills including learning, understanding, problem-solving, reasoning and remembering through positive learning experiences.

- Children will participate in hands-on activities and games based on the theme that will challenge their cognitive skills, namely identification, observation, matching and sorting.
- Children will also acquire a basic sense of 'time' that will enable them to differentiate between day and night.
- The concept of size and colours will also be reinforced along with the theme-based activities.

I Can Do Wonders

This area will enable the child to use his/her hands not only to eat and dress, but also to draw, play, write and be creative and inventive as well, and develop aesthetic skills in the process.

- Children will actively explore a variety of materials/tools used by the common community helpers, which will strengthen their finger muscles and eye-hand coordination. Combined with these activities, they will also participate in the art and craft activities, involving:
 - Pasting
 - 2. Scribbling using crayon
 - 3. Poking a straw
 - 4. Sieving using a sieve
 - 5. Scrubbing using a sponge
 - Fingerprinting
 - 7. Wriggling and squeezing a handkerchief
 - 8. Combing doll's hair
 - Digging using a trowel







I can & I Do

This area focuses on large muscle development and coordination based on the developmental need of the child.

- Children will get opportunities to combine gross motor ability with their actions while imitating role of each helper linked to the theme. They will also use props associated with the helpers in the activities involving:
 - 1. Running
 - 2. Running skillfully while balancing a prop in hand
 - 3. Running through the obstacles
 - 4 Balancing

I Help Myself

This area focuses on the development of personal awareness which entails building independence, self-help skills and awareness on hygiene and safety.

 Children will participate in activities such as story telling and pretend play, which will enable them to learn about their physical needs more independently. In doing so the children will also develop an awareness and respect for the community helpers.

I Me Myself & My Friends

This area will help the child to build positive relationships with family, friends and facilitators, and learn social rules while expressing and responding to the feelings of self and others.

- Children will be encouraged to participate in:
 - 1. Role plays
 - 2. Group games
 - 3 Dramatisation

These activities will familiarise the children with the role of community helpers more acutely. Children will not only hone their skills in acting, but they will also practise appropriate social skills, for example, playing cordially with peers.



THEME of the Month: REINFORCEMENT

VALUE of the Month: Respectfulness

The activities planned in this month will help to develop the following skills:

I Listen I Know I Speak

This area includes building communication skills through speaking, using body language and gestures and understanding what others say.

Listening

Stories from the previous themes will be retold to the children to test their listening skills and encourage them to recall the story parts correctly.

Speaking

Children will enjoy reciting the following rhymes and songs reinforcing vocabulary related to the previous themes, namely Myself, Transport and Food.

Rhymes and Songs: Just Me, Rolling Train and Seasonal Fun

Combined with these activities, children will be encouraged to verbally relate their experiences through daily conversation.

I Am Ready

This area focuses on building thinking skills including learning, understanding, problem-solving, reasoning and remembering through positive learning experiences.

- Repetitive experiences of the previous learning such as concept of size, i.e., big and small, identification of animals, fruits and vegetables will be provided to the children. This will sharpen their:
 - Observation and memory
 - 2. Identification
 - Sensorial learning

I can bo Wonders

This area will enable the child to use his/her hands not only to eat and dress, but also to draw, play, write and be creative and inventive as well, and develop aesthetic skills in the process.

- Our little ones will create unique art and craft models while practising on developing the following fine motor skills:
 - 1. Pasting
 - 2. Picking and filling small items with minimal spilling
 - 3. Manipulating play dough
 - 4. Fingerpainting and printing

I can & I Do

This area focuses on large muscle development and coordination based on the developmental need of the child.

- Children will explore their physical abilities through fun games involving the following skills:
 - Walking efficiently across the obstacles
 - 2. Pouring
 - Coordinating body movements with different expressions
 - Rolling over a variety of textures
 - Passing ball using foot

I Help Myself

This area focuses on the development of personal awareness which entails building independence, self-help skills and awareness on hygiene and safety.

- Children will engage in a variety of play activities to develop independent functioning and learn about the importance of personal health.
- Value of the month—'Respectfulness' will be imparted through a story.

I Me Myself & My Friends

This area will help the child to build positive relationships with family, friends and facilitators and learn social rules while expressing and responding to the feelings of self and others.

- Children will be encouraged to participate in group activities that will:
 - 1. Build positive group behaviour among the children
 - 2. Promote spontaneity and imagination, encourage independent decision making with minimal